FROM THE COLLEGE PRINCIPAL ...

International Visitor

On Tuesday I was delighted to host an international visiting Principal from Fiji. Principal Emosi Kuli from Naiyala High School manages a small rural boarding school in Fiji. He enjoyed a tour of the College and was impressed by our facilities and space. He also commented on how impressive our students look in their College uniform.

Principal Kuli was particularly interested in our approach to reading, especially guided reading and our focus on academic success. He went away with many ideas on monitoring individual student performance and cohort tracking. Our College has a reputation for excellence in the teaching of reading and I was very proud to showcase the wonderful work our teachers do. If you are interested in finding out more about your child’s reading program I encourage you to talk with his/her class teacher.

Inspirational Teaching

For 20 years the ASG National Excellence in Teaching Awards has given communities the opportunity to formally thank their hard-working and inspirational educators and leaders. Parents, guardians, community and school organisations are invited to nominate early childhood or centre directors, teachers and principals for an ASG National Excellence in Teaching Award. If you would like to nominate one of the extraordinary teachers here at Capalaba I encourage you to go to http://www.asg.com.au/neita

Leaders

Last week I had the pleasure of escorting 6 aspiring leaders to a Women in Leadership talk hosted by Senator Cash. Senator Cash is an experienced lawyer and now Western Australian Senator. She had a wealth of information to share with our young leaders and encouraged them to work hard and pursue their dreams.

I would also like to take this opportunity to welcome Kylie Barrett to our leadership team. Kylie joins us as Junior Secondary Deputy Principal in place of Cheryl Wilson who has taken up a position with district office.

P&C Meeting

The next P&C meeting will be on Monday 12 May. The new executive is working on a number of exciting opportunities, come along and find out how you can be involved.

The P&C is still looking to fill the position of Treasurer. If you are interested in supporting the P&C please contact Melanie Armstrong to lodge your interest.

Learning Academic Achievement

Term 2 is well underway and students are in class working and learning every day. To be successful in the classroom students need to turn up every day having completed their homework and prepared with the equipment required for class. It is also important for all learners to have goals from prep (sound and letter recognition) to year 12 (OP and university aspirations). It takes hard work and determination to achieve goals and as parents our job is to support and encourage especially when the going gets tough.

Our senior students need to stay focused to secure QCE points and an excellent semester 1 report.
FROM THE COLLEGE PRINCIPAL (CONT)...

Uniform
Please ensure your student has the correct college winter uniform as the weather is turning cooler. We are proud of our uniform and our students’ present well, demonstrating that they care about themselves and our college image. Across the college we are reminding students of our uniform policy and the procedures and consequences for arriving at school out of uniform.

Thank you for the support you show the college. I welcome your feedback and encourage you to stay involved.

FROM THE SENIOR CAMPUS PRINCIPAL

Term 2 is a particularly busy term for Extra Curricular activities for both students and staff as well as Assessment. It can sometimes be a difficult juggling act......

If you are a Year Eleven or Twelve student, now is a great time to sit down with the assessment planner and student diary to map out when due dates and excursions fall. Click here to access the assessment planners on our website.

If you are in years seven to ten, now is a great time to review your homework and study plan for the term. One hour of study and homework a weekday, is only five hours a week!

It may be worth considering the Homework Centre on a Monday afternoon if you need some additional support to get everything done.

Student Excursions this term include:
- Year 10 Careers Expo
- Physics excursion to DreamWorld
- Bouroinjin Carnival
- Brisbane High Schools Interschool Chess Championship
- Repercussions
- Martial Arts
- Bayside Cross Country
- Junior Band Fanfare
- GOMA Excursion
- Year 11 Leadership Camp
- Year 11 Biology Camp
- International Competitions and Assessments for Schools

Even the Teacher and Teacher Aide team have been undertaking some extra curricular activities. Professional Development undertaken by teachers and teacher aides this term includes:
- Diverse Learners (how to work with students in your class that are learning at a different age level)
- Essential Classroom Management Skills (managing classroom behaviour to avoid referring elsewhere)
- Updated assessment techniques in Science and Maths
- Tumbling and Stunt Certification
- Rock and Water Training
- Functional Behaviour Analysis
- Non Violent Crisis Intervention (Train the Trainer)
- Using digital technology to support students
- Donna Pendergast (leading Professor in Lifelong Learning and Middle Schooling)
- Micheal Nagle (leading Associate Professor in neurological development, and adolescent development)

The Enviroclub is very busy preparing a garden bed near the student centre (which has had some new furniture delivered) before em'barking' on a tree planting project for National Plant a Tree Day.

Lachlan Thatcher Senior Campus Principal
2014 NAPLAN Testing
As we enter the month of May, we approach the annual National Assessment Program in Literacy and Numeracy or NAPLAN as it is known. In a little over a week, students in Years 3, 5, 7 and 9 will be asked to demonstrate their skills and knowledge in literacy and numeracy. This testing occurs across three days as follows:

- Tuesday, 13 May 2014  Language Conventions and Writing Test
- Wednesday, 14 May 2014  Reading Test
- Thursday, 15 May 2014  Numeracy Test

Friday, 16 May 2014 is a Catch-up Test Day (for any students who missed the previous testing days)

It is very important that all Year 3, 5, 7 & 9 students attend school on these very important days. If you know in advance that your child will be away on any of the three test days would you please contact us with this information.

Good preparation for the NAPLAN tests is very important for all students. Sufficient sleep, good nutrition and being on time are some of the factors that will help your child to focus on the tasks set for them in the tests so please consider such aspects on these days. Students have been doing literacy and numeracy preparations throughout the year at school, however parents may also wish to extend this preparation through their own work at home. Two great resources to help prepare for literacy and numeracy testing are the Mathletics and Reading Eggs websites which all Capalaba State College students have free access to. By simply supporting homework and daily reading with your children, you are also helping them to be ready for NAPLAN. Many thanks to you all for your assistance in this important task. NAPLAN results will be distributed to parents in September this year.

Student Attendance at School

The importance of school attendance for all students cannot be overstated. It has been established that there is a link between student attendance at school and student learning outcomes. In basic terms, students with strong school attendance have improved chances of academic success than students who do not attend school regularly. This is simply because students in attendance at school are being exposed to more teaching and learning experiences than those who are away from school. Your child will have a better chance of success when they go to school all day, every school day. While a day a fortnight or even a day a week might not seem like much time it can add up to significant losses of school time over many years as is evidenced in this table:

<table>
<thead>
<tr>
<th>If your child misses...</th>
<th>That equals...</th>
<th>Which is...</th>
<th>and over 13 years of schooling that’s...</th>
<th>Which means the best your child might perform is...</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 day per fortnight</td>
<td>20 Days per year</td>
<td>4 weeks per year</td>
<td>Nearly <strong>1.5 years</strong></td>
<td>Equal to finishing in Year 11</td>
</tr>
<tr>
<td>1 day per week</td>
<td>40 Days per year</td>
<td>8 weeks per year</td>
<td>Over <strong>2.5 years</strong></td>
<td>Equal to finishing in Year 10</td>
</tr>
<tr>
<td>2 days per week</td>
<td>80 Days per year</td>
<td>16 weeks per year</td>
<td>Over <strong>5 years</strong></td>
<td>Equal to finishing in Year 7</td>
</tr>
<tr>
<td>3 days per week</td>
<td>120 Days per year</td>
<td>24 weeks per year</td>
<td>Nearly <strong>8 years</strong></td>
<td>Equal to finishing at end of Year 4</td>
</tr>
</tbody>
</table>

Under Queensland law, parents and carers must ensure that their school age children are enrolled and in attendance at school every school day unless they have an acceptable reason.

Winter Uniforms
It is only early May but we have already experienced our first cold weather snap and people have been searching for winter clothing. This is an important time for us at school as we transition from summer to winter uniform. We really appreciate the efforts of parents and carers in dressing our students in College uniform and we want our students to continue to look great throughout the winter months. We therefore urge you all to follow the College Student Dress Code when dressing your child this winter. This code is available for viewing on the College website at
Guidance and Counselling Services

Welcome back to Term 2. As the Guidance Officer of Capalaba State College’s Junior Campus I look forward to working with students, staff and parents again this term and in the future.

Guidance and counselling services are provided directly to students and their families and are available at all Queensland state schools or education programs.

Guidance and counselling services focus on assisting students to achieve to their potential in the most appropriate educational setting. Guidance officers identify factors that can be barriers to learning and development, and plan or assist in planning interventions or programs that can help students achieve positive outcomes.

Guidance officers may work directly with the student or with the student’s teachers, support personnel, family, other specialists, or professionals from other agencies depending on the issues to be resolved and the age of the student. Depending on the student’s age, a range of issues may be supported by guidance officers. Guidance officers, while respecting student privacy and confidentiality, work as members of a support team and are committed to providing quality education services for every young Queenslander regardless of their circumstances.

Sometimes when a child is in Prep or even before Prep (Early Childhood Development Program – ECDP) educational decisions are made with the involvement of a Guidance Officer which impact positively on a child’s education every year right up until Year 12 and even beyond Year 12! I am looking forward to continuing to meet parents and students of Capalaba State College.

Kaye Molloy
Guidance Officer
P&C NEWS...

NEXT MEETING: 12th May 7pm, P&C Building, Junior Campus. EVERYONE WELCOME!

Membership forms are available from both Admin Offices and need to be filled in before coming to the meeting. We would love to see some more faces, so if you are interested in finding our more about how our P&C operates and what we do, feel free to drop by our next meeting.

From the President:
Firstly a big “Thank You” to everyone who attended the AGM in March. It was nice to see a few new faces among the ranks, as well as the return of so many familiar ones. Secondly on behalf of the entire school community I would like to express our gratitude to the outgoing P&C Executive Committee Members for their fantastic work during 2013. Without your voluntary efforts 2013 wouldn’t have been as successful as it was!
Allow me now to introduce the 2014 P&C Executive Committee:
For those of you who don’t know me, I am Melanie Armstrong, your new P&C President. I have been a parent at CSC for a little over 3 years now with a daughter in Year 3 and a son in Year 1. Scott Spreadborough is continuing on with his duty of Vice-President. Scott has 3 children currently attending CSC. Barry Biggs and Tiina Sassi will continue on this year as Minutes Secretary and Correspondence Secretary, respectively. Barry has 1 daughter attending CSC and Tiina has 2 daughters here. At present the Treasurer role is still open for 2014 but we hope to have that filled at the next P&C Meeting.

The roles and responsibilities of the above positions include:

President:
- Chairs each meeting and holds deliberative vote and casting vote
- Officer empowered to sign documents on behalf of association
- Ensures communication between P&C, school and community
- Encourage participation
- Provide leadership

Vice-President:
- Provide support and assistance to the President in all areas mentioned above

Treasurer:
- This is both an involved and very important role
- Ensure all monies received are banked promptly
- Preparation and authorisation of payments to suppliers and staff

Minutes Secretary:
- Responsible for recording of minutes at each meeting, as well as prepare agenda
- Ensure all P&C documents & policies are up-to-date and available to the school community

Correspondence Secretary:
- Responsible for the collection, logging and distribution of incoming mail
- Maintaining the incoming and outgoing correspondence register for each meeting
- Assisting the President in communications with school community

In 2014, we would also love to have some volunteers come forward who could fill the following roles:

Grant Writer:
- Assist with the preparation of grant applications on behalf of the P&C

Fundraising Co-ordinator/Committee:
- Managing or being involved in fundraising activities
- This needs to be a team job, ideally with different people in charge of different events.
- The more people sharing the load, makes the whole load lighter!!

SAVE THE DATE – TERM 2

Mother’s Day Stall – This term, as always, our lovely Craft Committee will be holding their Mother’s Day Stall 8th & 9th May in the Undercover Area near the Hall. Come along and support the work that they do in raising money for our kids!

Swap Meet – 24th May. The day will start very early and volunteers are needed all day including set-up and clean-up, selling raffle tickets on the day, preparing the food to be sold. If you can’t help on the day please make
sure you help by giving some of the items needed on the “Bring List”. Please forward your name to pandcpresident@capalabasc.eq.edu.au to let me know your availability.

**Bring List:**
- Cans of Soft Drink
- Packets of Plastic teaspoons
- Packets of paper napkins
- Pikelet mix
- Styrofoam cups

**Buy a Bale Bush Dance** - Friday June 13th

The Junior Campus Leaders have approached the P&C to help raise funds for the farmers of the North Burnett Region. These farmers were hit by the floods of 2013 and now they are in drought like 79% of Qld. We have decided to help by holding a Bush Dance in the Hall on June 13th. *Stone the Crows Bush Band* have kindly donated their time and there will be food, drinks and prizes available. Please contact the Junior Campus admin if you would like to be on the Bush Dance Committee. All monies raised will be going to the farmers. A great opportunity to teach your children about social responsibility and resilience. Hope to see you all there. $2 entry per person.

**TUCKSHOP UPDATE:** We will soon have eftpos in the Junior Tuckshop for your convenience. An online parent survey will be emailed to you in the next few weeks for your feedback.

**FUNDRAISERS:**

Surf Board – Tickets will be going home shortly. Gotta be in it to win it!! A fabulous prize donated by Boost Juice in Capalaba Park Shopping Centre.

And lastly, 23rd May is P&C Day. We will be opening up the P&C Building to all families in the morning. Come along and say “Hi”. If you don’t get the chance to come to a meeting this will be an excellent opportunity to have your opinion heard and to have a chat over a tea or coffee.

Regards,
Melanie

**CHESS NEWS ...**

**Capalaba Hosts Visit By Chess Master**

The College chess championship was launched again this year with a visit from chess master Andrew FitzPatrick. This is the third time this international-rated player has visited our College to conduct a simultaneous demonstration (or ‘simul’) where he played thirteen of the entrants in this year’s championship at once.

In a historic result last year, 15-year-old Austen A earned a hard-fought win over the chess master. This year was the chess master’s revenge, with Mr Fitzpatrick winning all the games. Many were hard-fought contests however, and it took 90 minutes before the last student (Jonathon N) was finally checkmated.

Next week sees the start of the eighth annual College chess championship which will be contested over several weeks. This year’s series will see current champion Kjeioh F defend his title against fourteen other aspirants. Regular progress reports will appear in this column.

**Have you put your child’s name on their uniform?**

If uniform is found with a name, the student can be contacted straight away and save their parents lots of money!!
A.N.Z.A.C. Spirit Alive at Capalaba State College

The Capalaba State College auditorium hosted a moving ANZAC Day commemoration on the 24th April. The cadets, from the 136ACU, provided a fitting backdrop to the commemoration by forming a catafalque party, which marched into the auditorium with great precision and took up their posts around our temporary cenotaph.

Our Years 4 to 12 sat captivated throughout the commemoration, as our senior campus school captains, Shaun M, Tait S, Nikayla S and Mitchell K, assisted by naval cadet, Karla M used a selection of Australian war poetry, created by servicemen from each of the significant wars of the last 100 years, to reflect on the commitment of Australians and New Zealanders to making the world a better place and the sacrifice and impact this had on the individuals involved.

A highlight of the ceremony was the laying of the wreaths by our principal, Mrs Bronwyn Johnstone and by our guests, Mr Cedric Murray and his wife representing the National Servicemen’s Association and Flight Lieutenant Brett and Flight Officer Philips from the 217 Squadron of the Air Force Cadets representing the armed forces, followed by Challen S’s haunting rendition of “The Last Post.”

Lest We Forget.
Transition to school from kindergarten
Starting school is a major life transition for families and children. Managing this change is best done if information is shared between parents, carers, children, principals and early years’ teachers in schools and kindergartens. By managing the transition to school in a supportive way, children’s continuity of learning is maintained.

A positive start to school means children and families have a greater and ongoing connection with the school community. Have a look at the Step up into education website (http://www.education.qld.gov.au/schools/stepup/) for more information and resources.

P & Cs Queensland 2014 State Conference
P & Cs Queensland 2014 State Conference and Annual General Meeting will be held at the Gold Coast on 12 – 13 September 2014. Registrations are now open. For more information visit www.pandcsqld.com.au/state-conference or contact the Conference Manager on 1800 218 228 or 07 3352 3900

$1000 prize available in students’ women’s health award
Senior secondary students have the chance to win $1000 through a women’s health award.

Applications are now open for the 2014 RANZCOG Senior Secondary Students Women’s Health Award. The $1000 award is open to Year 10–12 students interested in medicine, science, health, sociology, politics or law. Applicants are required to submit an original literary piece of not more than 2000 words on any topic of interest about women’s health.

THE ARTS NEWS...

A recent University of Sydney research study demonstrated strong links between students’ general academic success with participation and commitment to arts-making, either through curricular or co-curricular programs. At Capalaba State College, our students have many opportunities to extend their arts-learning both inside and outside the classroom. This term the Senior Campus is buzzing before- and after-school with students using art and media spaces to complete curricular projects, as well as students rehearsing forthcoming productions for Drama, Band Concerts, and Dance Team competitions.

Please support our ArtsFest at Night events, including our big fundraiser, the Trivia Night on 25 June. Start organising your teams! More info later.

Debb Wall
HOD – The Arts & LOTE

Repercussions

Last Friday, the 2nd of May, all students from year 6 to 12 had the opportunity to participate in Repercussions. The program is a touring company that provides students with an interactive experience of Body percussion, Hip-hop dance and Junk drumming. The students enjoyed the chance to witness professionals with lengthy credentials demonstrate the fun and creative side of self-expression. Following the demonstrations, students were engaged in experimenting with the skills that they learnt and were inspired by their new found abilities. They look forward to applying them within their Arts based classes. The day was a fantastic, positive experience and was enjoyed by all who attended.

Senior Art Excursion to GOMA and Queensland Art Gallery

Senior Art students and staff Mr Brady, Mrs McEachran and Ms Ganter attended a wonderful exhibition currently on show at the Gallery of Modern Art on Thursday 1st of May.

The students were in awe of the scale and size of this dramatic exhibition by ‘Cai Guo-Qiang: Falling Back to Earth’ showcasing major new works by a truly global artist, whose large-scale installations and explosion events have made him one of the most innovative figures in contemporary art. During his 25 year career he has held solo exhibitions at some of the world’s most prestigious art institutions, including the Metropolitan Museum of Art and the Solomon R Guggenheim Museum in New York.

The centerpiece of the exhibition — Heritage 2013 — features 99 replicas of animals from around the world, gathered together to drink from a blue lake surrounded by pristine white sand, reminiscent of the lakes of Moreton Bay’s islands.

The second installation, Eucalyptus 2013 responds to the ancient trees of Lamington National Park in the Gold Coast hinterland, while the third — Head On 2006 — is a striking installation of 99 artificial wolves leaping en masse into a glass wall, on display in Australia for the first time.

The students and teachers found the exhibit to be both spectacular and meditative, and presenting a beautiful, thought-provoking vision of our relationship with the earth and with each other. Many students were left wondering how the giant fallen tree found its way in one piece into the galley space.

The students were also able to see a variety of other art exhibitions on the day including the Creative Generation Excellence Awards in Visual Art. This is an annual exhibition showcasing the outstanding artwork from 2103 senior visual art students from selected schools throughout Queensland.

After lunch the students were able to get involved and be creative with fun workshop activities provided by the gallery, but all too soon the bus arrived to return tired but happy students and staff back to school.

Robyn McEachran (Senior Visual Arts Teacher)
THE ARTS NEWS (cont)...

Music
The College was pleased to welcome back past students Zac Benjamin and Jason Fry who have been achieving great success in their band, Tagline. The band performed a high energy set promoting their recent releases Kiss and Tell and City at Night. These singles delivered notable attention from Triple J Unearthed receiving #4 and #20 respectively on the punk charts. The band also played their latest single Bitter Sweet. This is a self recorded debut EP: Date Us Before We’re Famous. You can find out more about Tagline on https://www.facebook.com/taglineband. Incidentally Zac Benjamin studies Music at University and is providing guitar tuition at the College on Wednesday mornings. Cost is $20 for a half hour lesson. The Music Department offers drum tuition for students at $20 for a half hour lesson. Be sure to take advantage of this great opportunity, contact Mr Travers at the College to obtain permission forms and more details.

YEAR 9 DRAMA PERFORMANCE ‘BLACK AND WHITE CLOUDS’ FRIDAY 30th May.
Miss Briggs Yr 9 Drama class have been developing their own Documentary Drama Play; ‘Black and White Clouds.’ The play explores bullying and its effects and is recommended for ages 12 and up. Students, families and friends are welcome to attend the live performance held on Friday 30th May in the Cultural Centre from 6:30pm. Gold coin donation.
The production was developed from community interviews that asked the following questions;

*Have you ever been bullied? If yes, what happened and how did you deal with it?*

*If you have been bullied, how has it negatively or positively impacted on your life?*

*Name calling can stick with us forever. What did people call you and why?*

9 DANCE
Yr 9 Dance are engaging with Industry Professionals this term as part of their unit on Hip Hop and choreography for Music Videos. The students have completed a number of workshops in break dance with B-Girl Flix, a famous Australian Break Dancer and manager of Street Dance Crew and studios ‘Elements Collective,’ and yesterday had a Popping and Roboting workshop by Australia’s Got Talent winners from 2013 Swagamamma’s lead choreographer Sheru (pictured in the photo).

DANCE TEAM IMPORTANT DATES:
TERM 2: (May, June)

- Dance Team Parent Information & Support Committee Meeting Monday 12th MAY (Wk 4)
- Brisbane Performing Arts Challenge (BPAC) –Thurs 12th JUNE (Wk 8)
- Dance Team Parent Information & Support Committee Meeting Monday 16th JUNE (Wk 9)
- College Trivia Night (DANCE FUNDRAISER) –Wednesday 25th JUNE (Wk 10)

WINTER SCHOOL HOLIDAYS:
Redlands Eisteddfod (RED) Between 10th-13th JULY –Last Weekend School Holidays
Kaye Adams is our new volunteer at Capalaba State College, providing counselling services to senior campus students on Fridays. Kaye has a wide range of experience working as a counsellor with youth services and is registered as a provisional psychologist. Counselling services are available to all students for support and assistance with a variety of issues such as: relationships, family issues, mental health, anxiety and stress, grief and loss, bullying, problem solving and addictions. Kaye will also be delivering workshops, such as mindfulness techniques for study stress. Students can make an appointment to see her or just drop in for a chat on Fridays at the Guidance Office.

QATSIF (Queensland Aboriginal and Torres Strait Islander Foundation) News

A deadly choice is a healthy choice. You may have seen the new advertisement for Deadly Choices which is now on TV. The Deadly Choices Program, which operates in a number of Brisbane secondary schools and other schools across Queensland, teaches the benefits of healthy choices in relation to alcohol, drugs, sport, exercise and eating habits. 2014 is the second year we have offered Deadly Choices here at Capalaba College. Many of our Aboriginal and Torres Strait Islander students have already reaped the benefits of this program. This year on the senior campus, Deadly Choices is running Friday period 4, starting May 2 for 7 weeks.

Our Year 7 and 8 Indigenous students also have the opportunity to participate in a Buroinjin Carnival, run by PCYC and supported by Deadly Choices, in June. Permission letters will come home this week. In addition to participating in the carnival, students will be trained in the lead up by Dwayne Clarke from PCYC, on Fridays at second lunch.

PCYC is also running a male mentor program for boys aged 10-14. If you haven’t received your information from the school yet, call Dwayne (0427 876 326) at PCYC for details. It is an afterschool program.

QATSIF scholarships (funded by stolen wages money) are available for Indigenous students in Years 11 and 12. To be eligible, students need to have high attendance rates and satisfactory academic results in Year 10. If you would like more information, don’t hesitate to contact Joy, School Guidance Officer - Monday, Tuesday and Thursday, or go to their website: http://www.qatsif.org.au/

National Reconciliation week runs from 27th May to 3rd June and celebrates and builds on the respectful relationships between Aboriginal and Torres Strait Islanders and all other Australians. This year’s theme is ‘Let’s Walk the Talk’, focusing on turning past conversations into actions.

OUTSTANDING OPPORTUNITY to receive current information regarding career, job and training information

Capalaba State College subscribes to mhscareers, a careers service which allows students and parents to be kept up to date with Careers News and Events. To access this information go to the website www.mhscareers.net. Please contact the Guidance officer for the password. Newsletters are sent weekly.

To register to receive the newsletters use the CONTACT US page on the mhscareers website or send an email to ron@mhscareers.com stating your name, email address, our school/college name, whether you are a student or parent and the state(s) that you are registering for.

On the website, have a look at the News Pages and Events Calendar and the many other useful careers pages.
<table>
<thead>
<tr>
<th>Tertiary Event</th>
<th>Date</th>
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<tbody>
<tr>
<td>Gold Coast Careers Expo *RACV Royal Pines Resort, Benowa</td>
<td>Thursday 8 May 2014 - 9am - 7pm</td>
</tr>
</tbody>
</table>
| Brisbane Careers and Employment Expo *Brisbane Convention and Exhibition Centre | Friday 23 May 2014 9am - 3.30pm  
Saturday 24 May 2014 10am - 4pm |
| Tertiary Studies Expo (TSXPO) *                                              | Saturday 19 & Sunday 20 July 2014  10am - 4pm |
| Sunshine Coast Daily Careers Expo USC Sports Stadium, Sippy Downs            | Tuesday 22 July 2014 10am - 2pm & 4pm - 7pm |

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<thead>
<tr>
<th>Institution</th>
<th>Open Day</th>
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<tbody>
<tr>
<td>University of New England</td>
<td>Friday 2 May 2014 9am - 4pm For personalised campus tours, phone 1800 818 865</td>
</tr>
<tr>
<td>Bond University</td>
<td>Sunday 13 July 2014 10am - 3pm For campus tours available year round, email <a href="mailto:campustours@bond.edu.au">campustours@bond.edu.au</a> or phone 1800 074 074</td>
</tr>
<tr>
<td>Australian Catholic University</td>
<td>Saturday 26 July 2014 9am - 3pm For campus tours available year round, email <a href="mailto:campustours@acu.edu.au">campustours@acu.edu.au</a></td>
</tr>
</tbody>
</table>
| Queensland University of Technology        | Sunday 27 July 2014 9am - 3pm, Gardens Point campus  
Sunday 17 August 2014 9am - 3pm, Caboolture campus |
| James Cook University                      | Sunday 27 July 2014 10am - 2pm, Cairns campus  
Sunday 24 August 2014 10am - 2pm, Townsville campus |
| The University of Queensland               | Sunday 3 August 2014 9am - 3pm, St. Lucia campus  
Wednesday 6 August 2014 2:30pm - 6:30pm, Ipswich campus  
Sunday 17 August 2014 9:30am - 3pm, Gatton campus |
| CQUniversity                               | Sunday 3 August 2014 9am to 1pm, Gladstone campus  
Thursday 7 August 2014 3pm - 7pm, Brisbane campus  
Saturday 9 August 2014 9am - 1p, Noosa campus  
Sunday 10 August 2014 9am - 1pm, Bundaberg campus  
Saturday 16 August 2014 9am - 1pm, Mackay campus  
Sunday 24 August 2014 9am - 1pm, Rockhampton campus  
Wednesday 10 September 2014 10am - 7pm, Virtual Open Day (online) For more information on these and other CQUniversity events, visit www.cqu.edu.au/events |
| Griffith University                        | Sunday 10 August 2014 Nathan, Gold Coast and South Bank campuses |
| University of the Sunshine Coast           | Sunday 10 August 2014 10am - 2pm, Sippy Downs campus  
Sunday 17 August 2014 10am - 3pm, Gympie campus For group campus tours and information sessions available throughout the year, phone (07) 5456 5000 |
| Christian Heritage College                | Saturday 23 August 2014 10am - 2pm |
| University of Southern Queensland          | Sunday 3 August 2014 10am - 1pm, Fraser Coast campus  
Sunday 17 August 2014 10am - 2pm, Toowoomba campus  
Sunday 24 August 2014 10am - 2pm, Springfield campus For campus tours available year round, email study@usq.edu.au or- |
| Australian Maritime College                | Sunday 31 August 2014 For tours available year round, visit www.amc.edu.au/visit |
History making effort for Moreton!
On April 3rd 2014, Moreton house created history at Capalaba State College. Since the amalgamation of Capalaba State School and Capalaba State High School in 2005 Moreton house has never won a sporting carnival in any of the disciplines; Swimming, Cross Country or Athletics. Spurred on by silver at the Swimming carnival earlier in the year, Moreton has broken the 25 carnival drought to win by only 3 points over Russell house. Congratulations to all participants!

Cross Country Results:
Moreton: 175
Russell: 172
Coochie: 163
Peel: 102

Summer Sport Update
Capalaba State College had a very successful summer sport season with 3 sport teams making it through to the Bayside Finals. Unfortunately both the senior and junior boys volleyball teams narrowly lost their games. The Year 10 Girls Basketball team however were successful and defeated their opponents to claim the title of Bayside Champions. The girls will represent the Bayside District at the end of the winter season and enter a sudden death competition with the potential of winning the Met East Title. Congratulations to all representative teams on your behaviour and attitude throughout the season.

Winter Sport
The winter sport season will be commencing on the 27th of May this term. Students at Capalaba College are currently in the process of nominating for teams which will be finalised by the end of the 4th week of term. The season will incur a $40 fee for participants which needs to be paid at the office by the end of the first week of competition. Students representing the College in Rugby League and Soccer will also need to purchase the school football socks which will cost $7.50 and remember that mouth guards and football boots would be beneficial.

Cross Country
Following the Inter-House Cross Country Carnival from Term 1, Capalaba College students were chosen to represent the school at the Bayside District Cross Country Carnival. All members of the College represented with pride and gave their best on the day with a number of top 20 finishes. Beau S provided Capalaba’s best performance finishing in the top 10 for his age group and being selected to represent the Bayside District at the Met East Cross Country Trials on the 21st of May. Well done to all representatives and wishing Beau the best of luck in his upcoming event.

Congratulations Beau on selection for Bayside Cross Country

Your in Sport
PE Team
You Can Do It!
In You Can Do It this term, Year 7 and 8 have been continuing to focus on organisation as a key to success. In particular we have been discussing the need to break large tasks into smaller ones in order assist with time management. Last week we also spoke about ensuring that we are putting our organisational skills to use, particularly in relation to permission notes moving between school and home. Some students shared their tips for being at successful at the process:

Tips for remembering permission notes:

- Place the permission note in a special folder or your diary when you first receive it
- Check your bag when first you get home (should be doing this anyway when completing homework)
- Place the permission note in a consistent place (eg. On a specific bench) so it will be seen and not just forgotten.

Please encourage your young person to put these tips into practice in order to further develop their organisational skills.

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Free Children' Dental Program
Metro South Health provides free dental care to children throughout our region.

Who Is Eligible?
All students in Prep through to Year 10. Students in Years 11 and 12 who have a current Centrelink Card, Healthcare Card or Pension Card
0 – 4 year olds whose parents have a current Centrelink Card, Healthcare Card or Pension Card
2 – 17 year olds who are eligible for the Child Dental Benefits Schedule
If your child is eligible for the Child Dental Benefits Schedule, the cost will be bulk billed to Medicare. If your child is not eligible for the CDBS, they will still receive dental care at no charge until they complete Year 10.

Who Needs to Attend the Appointment?
A parent or legal guardian is required to attend every dental appointment.

How Do I Make an Appointment?
For all appointments, please telephone 1300 300 850 (Metro South Oral Health Hub)

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WEP Student Exchange – Memories and Skills for Life!
Choose from over 20 countries around the world to attend school, live with a welcoming host family and have the time of your life. Whether you wish to learn another language or choose English-speaking destinations like the USA, Canada or Ireland, students return with memories and skills for life.

Early Bird Special – Save $500
WEP is offering students in years 9 to 12* a $500 discount off the 2014/15 program fee towards a semester or year program to any of the following countries departing in January - March 2015: Brazil, Belgium, France, Germany, Italy, Mexico, The Netherlands, Poland, Spain, Norway, Thailand or the USA. Early Bird applications close 30 May '14.
*Offer not available to year 12 students in Victoria or in conjunction with any other offer or scholarship.

Interested in Hosting an Exchange Student?
Travel from the comfort of your armchair by extending your family with an overseas host brother, sister, son or daughter. Hosting an exchange student is fun and can result in lifelong friendships. Our students are due to arrive in July for a semester and year and can’t wait to hear about the family they can call their own.

Find Out More
- Request a FREE information pack online: www.wep.org.au
- Attend one of WEP’s information sessions or open days
- Visit WEP: Mon – Fri between 9am – 5pm
- Call 1300 884 733 / 03 9598 4733
Children’s feeding difficulties

Are you experiencing problems with your child’s eating and mealtime behaviour?

Eating and mealtime problems in children are common and can be improved. The Parenting and Family Support Centre at the University of Queensland is conducting research regarding the effectiveness of a brief parenting seminar for parents who are concerned about their child’s eating, and you can be involved!

The Hassle Free Mealtimes Triple P program involves attending a one-off 2-hour group session, which will provide parents with information and helpful everyday tips and strategies for dealing with problem eating and improving their child’s mealtime behaviour.

If you are a parent of a 2 to 5-year-old child and are concerned about your child’s feeding and mealtime behaviour, we would love to hear from you!

Hassle-Free Mealtimes Triple P has already been trialled successfully in a longer format. The current study hopes to provide support for brief group-based parenting interventions so that more parents can have access to parenting advice. Results of this study will be made available to participants.

Visit this website to get involved: https://exp.psy.uq.edu.au/mealtimes/

Dr Alina Morawska, Kirstyn Laurie and Kyla Reid

For more information about the study, please contact:
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